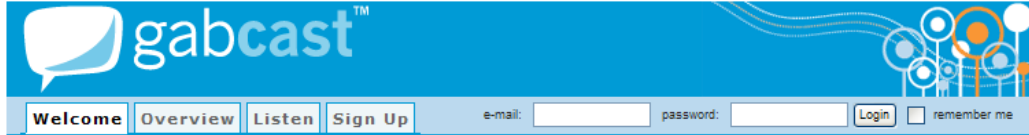




Using Gabcast – the quick way to podcast using your mobile phone.

Step 1. Create a Gabcast account. Go to <http://www.gabcast.com>. Click on 'Sign Up@' and enter your details:



Step 2.

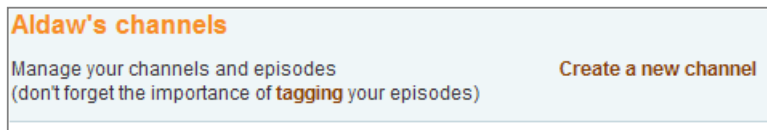
Confirm you are older than 13 years of age. Submit.

Step 3. Add your email address; enter a password, real name (you don't have to make it your actual real name) and a screen name. Submit.

Step 4. You wait for a confirmation email to arrive. Click on the link within the email and return to Gabcast website.

Step 5. Log in using your email address and the password you set.

Step 6: Once into the area, then click on 'Create a new channel'



Step 7:

Add details including different numeric passwords for the channel and the conference.

Leave all other sections blank and then click on Submit.

Step 8. Click on My Channels at the top of the page. You will see the numbers, passwords and Gabcast access numbers on the right.

The screenshot shows the 'My Channels' section for 'Aldaw's channels'. At the top, there are navigation tabs: Create, Listen, My Channels (selected), My Greetings, Call Details, Edit Account, and Logout. Below the tabs, the user can manage channels and episodes, with a note to tag episodes. A 'Create a new channel' button is visible. The main channel listed is 'Al's reflective diary', described as 'This is Al's weekly podcast diary to his tutor'. It has a channel number of 17532, a channel password of 9876, a meeting password of 6789, and is a free channel with 0 MB space usage. A 'UPGRADE' button is present with the text 'Won't you support us by upgrading?'. At the bottom of the channel list are links for 'manage episodes', 'edit channel', and 'delete channel'. On the right side, there is a 'Gabcast access numbers' panel listing several international numbers: 1.800.749.0632 (US only), 1.647.723.3682 (Toronto, CA), 1.403.775.9947 (Calgary, CA), 3537.6670.9691 (Dublin, IE), 0207.100.2530 (London, UK), 3120.890.8137 (Amsterdam, NL), 6129.037.1938 (Sydney, AU), 6186.365.4411 (Perth, AU), 702681 (Free World Dialup), and 422@sip.gabcast.com (Gizmo / SIP).

Step 9: Try it out. Use your mobile phone to call the London number on the right ie 02071002530. You will be prompted to put in the channel number followed by a 'pound sign'. This means the hash key # on your phone.

Continue to enter your password plus hash key #, then you will be asked to press the number 1 – wait for the tone then speak your message. When you are finished press the hash key #. The voice will ask you to press number 2 to publish the recording. End the call.

Step 10. Refresh the Gabcast window.

The image below shows Didaw's Gabcast channel. Click on the name of the channel to view the recorded messages.

The screenshot shows the 'Didaw's channels' page. The main channel is 'Mobiles', described as 'This is Di's gabcast for Molenet'. It has a channel number of #17526 and a 'click to subscribe' button. Below the channel name, there is a list of episodes: Episode #3 (0:00:24), Episode #2 (0:00:36), and Episode #1 (0:00:20). Each episode has a 'play' button and a download icon. At the bottom of the page, there is a 'full player' icon and a 'click to subscribe' button.

Step 11:

Click on Subscribe.

A list of ways to link the sound file to a pod reader is displayed. Select the way in which you can add the Feed to a blog, space or to your own website using the html code at the bottom of the list.

Di has played with the Gabcast and has placed an RSS feed on her website. See www.didawson.co.uk and the RSS feed is at the top right. All of the sound files have been sent to Gabcast using her Nokia N70 phone. The calls varied from between 19p to 22p per message.